

IT ALL COMES DOWN TO
RESPECT

Bullying, Sexual Harassment, Dating Violence, LGBTQ

BULLYING

Bullying is unwanted, aggressive behavior among school aged children that involves a real or perceived power imbalance. The behavior is repeated, or has the potential to be repeated, over time.

IS IT REALLY BULLYING?

Joking Around

- Everyone is having fun
- No one is getting hurt
- Everyone is participating equally

One Time Thing

- Someone is being mean on purpose
- It's a reaction to a strong emotion or feeling
- It happens once and doesn't repeat itself

IS IT REALLY BULLYING, CONT'D

Conflict

- Two people with a balance of power that have a fight, argument or disagreement
- A solution can usually be found

Bullying

- Repeated, unwanted aggressive behavior towards someone
- Someone is being hurt on purpose
- Can be social, verbal, physical or electronic

CYBERBULLYING

How is it different?

Anonymity - online bullies may be able to hide their identities. This can lead to crueler or harsher abuses

Relentless - bullying usually ends once the victim is removed from the situation. With phones, laptops, and other devices people can communicate with you at all hours and from any location. The torment can go on for 24 hours/day and 7 days/week.

Public - when content is posted or shared online, it's possible that anyone can see it.

Easy to Overlook - harder for teachers and parents to discover.

HOW TO DEAL WITH A CYBERBULLY?

Don't Engage - responding will only intensify the bully's efforts

Block Them - block the phone number and social media accounts

Make a record - Take a screenshot, don't delete the messages. Having proof will be helpful

Get offline more often - step away from your devices and focus on another activity

WHAT SHOULD YOU DO??

TELL AN ADULT

- Teacher
- Guidance Counselor
- Parent or family friend
- Social Worker
- Administrator

REPORT IT ANONYMOUSLY ON THE DAVIES WEBSITE- visit the homepage under 'QuickLinks'

Take care of yourself

- Make a list of things that need to get done - and start doing them
- Find positive messages to say to yourself
- Get creative and use art, poetry, music to express how you are feeling
- Exercise - get up, get out, and start moving
- Personalize your space - make your room reflect you and fill it with things that make you feel good about yourself
- Stay well rested - it gives you energy to keep going
- Find new friends - look in places apart from school like church, a club, or a community program
- Take a stand. Make a list of things you would and wouldn't do in the name of friendship

SEXUAL HARASSMENT

- Unwanted sexual advances
- Requests for sexual favors
- Sexually motivated physical contact
- Physical or verbal conduct or communication in promise or rewards or gains

NOT only is it against school rules, it's against the LAW!!!!!!!!!!!!!!!

FLIRTING

VS.

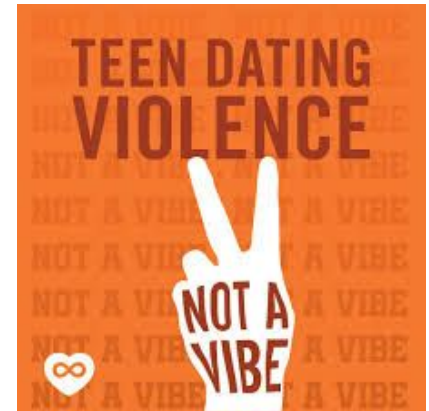
HARASSMENT

- feels good, confidence building for both parties
- Is reciprocal
- Is nonthreatening and complimentary
- Feels equal to both parties

- Feels bad
- Demeaning
- Is unwanted by receiver
- Can be threatening and insulting
- Builds up ego of giver by bringing down the esteem of the receiver
- Is used by person with social/situational power as an abuse of that power

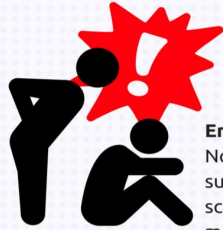
DATING VIOLENCE

Dating abuse (also known as dating violence, intimate partner violence, or relationship abuse) is a pattern of abusive behaviors -- usually a series of abusive behaviors over a course of time -- used to exert power and control over a dating partner.



Types of ABUSE

Abuse comes in many forms.



Emotional/Verbal abuse
Non-physical behaviors such as threats, insults, screaming, constant monitoring, or isolation.



Financial abuse
Exerting power and control over a partner through their finances, such as taking or withholding money from a partner, or prohibiting a partner from earning



Stalking
Being repeatedly watched, followed, monitored or harassed. Occurs online or in person, & can include giving unwanted gifts.



Physical abuse
Any intentional use of physical touch to cause fear, injury, or assert control, such as hitting, shoving, & strangling.



Sexual abuse
Any sexual activity that occurs without willing, active, unimpaired consent, such as unwanted sexual touch, sexual assault (rape), & tampering with contraceptives



Digital abuse
Using technology to bully, stalk, threaten or intimidate a partner using texting, social media, apps, tracking, etc. .



10% OF STUDENTS

nationwide report being physically hurt by a boyfriend or girlfriend in the past 12 months.



1 OUT OF 3

teenagers will experience dating abuse in their lifetime.



ONLY 33%

of teenagers who have been in an abusive relationship told someone about the abuse.



57% OF TEENS

and young people have waited 6+ months before getting help when faced with dating violence.

LGBTQ

What does it mean?

Lesbian

Gay

Bi-Sexual

Transgender

Questioning



WHAT IS GENDER NON-CONFORMING ?

It is a term that some individuals use to describe themselves when they do not dress, behave, or otherwise “fit in” with traditional gender norms and expectations. These individuals might identify and/or express themselves in a way that defies societal gender roles.

You might also hear:

- Gender fluid
- Gender neutral
- Non-binary
- transgender

BULLYING AND THE LGBTQ POPULATION

LGBT youth are nearly twice as likely to be called names, verbally harassed or physically assaulted at school compared to their non-LGBT peers.

WHO CAN HELP IN SCHOOL

Your teachers

Your guidance counselor – Mrs Plumer (jplumer@daviestech.org)

The social workers – Mrs Clancy (rclancy@daviestech.org) &
Ms Boulet (gboulet@daviestech.org)

The GSA(The Rainbow Society) – Mrs Mathers & Mrs Maculan

WHO CAN HELP OUTSIDE OF SCHOOL

Crisis Text Line text “home” to 741741

Trevor Project (LGBTQ)

Lifeline: 1-866-488-7386

Text: text “start” to 678678

Victims of Crime Helpline 1-800-494-8100

Trans lifeline 1-877-565-8860

National Suicide Prevention Hotline 1-800-273-8255