

# Time to register for the Summer ACN class!

**“Getting Ready for College and Life”** – is an online course for high school students (10<sup>th</sup>, 11<sup>th</sup>, 12<sup>th</sup>) through the RIDE – All Course Network. The link to register is <http://www.enrollri.org/acn>

[The course is available for the Summer, Fall, 2022 and Spring semester 2023](#)

This course will allow you to develop the strategies and life skills that you can immediately use during your high school years and on into college or the workplace.

The course offers a pre and post assessment for each of the students so it is obvious to the student where they have improved and areas still needing development.

Topics included:

- Explore your individual learning styles and effective learning strategies
- Provides a Toolbox for Active Learning ie. Taking Notes, Study Skills, Time Management techniques
- Employing interdependence skills (knowing when to ask for help)
- Discovering self-motivation and self-awareness
- Learn how to accept responsibility and build your self confidence

**Getting Ready for College and Life** is dynamic containing videos and animation and is a program that ultimately supports you in academics and in life.

As one student said after he took the class – [“I am proud of how far I have come and that I put all my effort into learning about this course. It has truly taught me many life skills that I don’t believe I would’ve learned elsewhere.”](#)

## Example of a Pre and Post Assessment

12<sup>th</sup> Grade

<b>Self-Assessment Area</b>	<b>Score -Chapter 1</b>	<b>Score – Chapter 9</b>
1. Accepting personal responsibility	66	59
2. Discovering self-motivation	50	58
3. Mastering self-management	61	65
4. Employing interdependence	44	40
5. Gaining self-awareness	55	56
6. Adopting lifelong learning	60	68
7. Developing emotional intelligence	45	53
8. Believing in myself	67	70

One area that I improved in was believing in myself. Another area is Self-management. I improved in this because I became more independent.

I think my scores went down because as the course went on I became more honest with myself. For example, accepting responsibility went down because when I started this course I was not as responsible as I thought.

The great discover I made during this course is that I became more confident in myself. I don't second guess myself as much as I did when this program first started.

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